CURRICULUM VITA

LOUISE DIMICELI-MITRAN, MA, LCPC, MT-BC, FAMI

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EDUCATION/CREDENTIALS

2011	LCPC (Licensed Clinical Professional Counselor). State of Illinois, Division of Financial & Professional Regulation, #180.007950.
2008	Northeastern Illinois University, Chicago. MA in Community Counseling. Completed, including internship, August 2008. GPA: 4.0
2002-2003	The Chicago School of Professional Psychology, Chicago Fully APA Accredited Psy.D. program. 20 hours Completed. GPA: 4.0
2001	Fellow of the Association for Music and Imagery (FAMI), The Bonny Institute, Salina, KS
1996	MT-BC (Board Certified Music Therapist)
1995	Music Therapy Equivalency Alverno College, Milwaukee, Wisconsin
1973	BME Drake University, Des Moines, Iowa

CLINICAL EXPERIENCE

- <u>Private Counseling/Music Psychotherapy Therapy practice</u> providing consulting services and individual sessions. (Music Therapy 1996 to present, LCPC since 2011). Chicago.
- Music Therapist/Counselor, <u>Survivorship Center at Advocate Lutheran General Hospital</u>. Group facilitation for outpatient cancer survivors, contracted starting January 2015.
- Music Therapist/Counselor <u>Advocate Lutheran General Hospital</u>, Park Ridge, IL (April 2004 through December 2014). Responsibilities include individual and group work with outpatient, inpatient oncology/ patients and families, stem cell transplant & hospice.
 - *Created "Focus on Wellness" psychoeducational group for outpatient cancer survivors, utilizing music & imagery in 2007 which continued through 2014.
 - *Wrote & received a patient education grant from pharmaceutical company Genentech for a duplication run of 2000 *Consciously Creating Wellness* CD's in 2011; composed and performed this guided imagery/relaxation CD.
 - *Center for Advanced Care and Advocate Children's Hospital: Staff interface, intern supervision and music for staff bereavement services, charting, 20 hours per week.
 - *Active in group facilitation for the Cancer Survivorship Center located at Advocate Lutheran General Hospital including psychoeducational, stress reduction and

breast cancer support groups. Also facilitated a weekly group in the geriatric psychology department.

- Music therapy consultant, <u>Hospice of Illinois</u>, Chicago (December 2004 –June 2006).

 Responsibilities included individual and group work with patients and family members receiving hospice care. Staff and family interface, 3-4 patients weekly.
- Music therapy consultant, <u>Creticos Cancer Center at Advocate Illinois Masonic</u>

 <u>North Side, Chicago</u> (January 1999 to February 2003). Responsibilities included Individual and family work with outpatients receiving chemotherapy, interfacing with medical and psychosocial staff. Inpatient oncology began October 2000. 5 to 10 hours per week.
- Music therapy consultant, <u>Gateway Foundation</u>, <u>L-Star Unit</u>. Music therapy group facilitator for dually-diagnosed adults with chemical dependency and mental illness. Planning and charting groups, staff interface. Twice weekly (March 1997 to June 2000)
- Music therapy consultant, <u>Hazelden Chicago</u>. Music therapy group facilitator for chemically dependent clients. Group planning, staff interface. Twice monthly. (August 1998-August 1999).
- <u>Drum circle facilitator</u> for corporate and community rhythmic events with self-created company, Rhythms Within. Design and facilitation of rhythmic experiences for teambuilding, accessing creativity and demonstrating objective concepts. (1997 to present)

RELEVANT EXPERIENCE

- Primary Trainer in the Bonny Method of Guided Imagery & Music (GIM)
 Trainer/Supervisor with Therapeutic Arts Institute since 2006:
 Endorsed by the Association for Music & Imagery (AMI), January 2013.
 Level I GIM Training: 2012 AMTA national pre-conference, numerous educational seminars from 2006, ongoing. Yearly Level I trainings since 2010 at St. Mary of the Woods College, Terre Haute, IN (adjunct faculty). Ongoing professional GIM Trainings. Supervision of Advanced Level Trainees since 2008.
- Consciously Creating Wellness, Guided Imagery/Relaxation CD, released April 2010.

 Composed and performed music on guitar and voice, wrote and performed narration.

 Available at <cdbaby.com>.

PUBLISHED ARTICLES

- Voices: A World Forum for Music Therapy, Vol. 10, No.3 (2010), online journal.

 The Central Tenets of GIM: Consciousness and the Integration of Psychotherapy and Spirituality. https://normt.uib.no/index.php/voices/article/view/438. With Frances S. Goldberg.
- Using Music and Imagery (MI) in Cancer Survivor Groups. *GIM: A Spectrum of Approaches*. (2015) Ed. Grocke, D. & Moe, T. London: Jessica Kingsley Publishers.
- Accessing Strength from Within: Music Imagery and Mandalas. *Handbook of Strengths-Based Clinical Practices: Finding Common Factors.* Ed. Edwards, Young, Nikels, Barrett, New York: Routledge. In press, projected early 2016.

RELEVANT TRAINING

- EMDR Intensive Training: Eye Movement Desensitization and Reprocessing, with Linda A. Curran. PESI Healthcare Seminars, Downers Grove, IL. 2015.
- MARI Course in Mandala Assessment, Levels I (1997) and Level II (1999).

 Training in the clinical use of mandala (circular) drawings and MARI Card

 Test, based on work of Joan Kellogg, M.A., A.T.R. Trainer: Carol Bush, LCSW, FAMI.
- Facilitators Workshop with Arthur Hull, Village Music Circles, fall 1998. Training in leading rhythm-based events, leadership techniques, using rhythm as a tool to build community utilizing movement, voice, percussion, drums and rhythmic games.

ADDITIONAL EXPERIENCE

1987.present Co-owner, Mitran Mitran Music, Chicago. Music Production

Company. Business management, music arrangement, composition and vocal performance for commercials,

corporate video, educational video, etc.

1977.1986 Professional Musician. Toured U.S. as singer, guitarist,

songwriter. Solo album release in 1983 on Exertion Records.

1973.1977 Faculty, Old Town School of Folk Music, Chicago.

Taught guitar to children and adults, Suzuki program for guitar.

CONFERENCE AND EDUCATIONAL PRESENTATIONS

- Music Imagery and Mandalas: Exploring the Creative Inner Spirit. September 2015, C.G. Jung Center Evanston, IL.
- An Introduction to Music Therapy. The Birchtree Center for Health Transformation, Holistic Nurses Training program for Cancer Treatment Centers of America, Waukegan, IL, June 2014.
- Create Wellness, Lower Anxiety: Pairing Music and Mindfulness to Emphasize Client's Strengths. Illinois Counseling Association, Skokie, IL. November 2013.
- Music: The User Friendly Power Tool for Relaxation and Stress Reduction. Oncology Nursing Society, invited presentation, Barrington, IL. November 2012.
- Keynote Address: Creating Wellness, Cultural Consciousness, Connection & The Power of Music to Transform. Canadian Association of Music Therapy National Conference, Halifax, Nova Scotia, Canada. May 2010.
- Consciously Creating Wellness. Invited pre-conference one-day Seminar, Illinois Counseling Association Conference Springfield, IL. November 2009.
- Music + Meditation + Metacognition = Wellness, Invited workshop as Visiting Professor at Alverno College, Milwaukee, WI, April 2008, 2-day Professional Education Seminar.

One Day Introduction to the Bonny Method of Guided Imagery & Music, March 2011, Great Lakes Regional Music Therapy Conference, Lake Geneva, Wisconsin and May 2010, Canadian Association of Music Therapy National Conference, Halifax, Nova Scotia, Canada.

An Introduction to the Bonny Method of Guided Imagery and Music.

-5 hour CMTE: 2012 & 2013 Great Lakes Regional Music Therapy Conferences. -1½ -2 hour presentations: AMTA National Conferences: Columbus, OH, 2010, St. Louis, Nov. 2008,;Great Lakes Regional Music Therapy Conference, March 2014 & 2010, Chicago & Indianapolis, March 2008 & March 2002 Chicago, March 2005 and 1999 Milwaukee, Wisconsin.

- Using The Bonny Method of Guided Imagery and Music with Multiple Sclerosis Patients and Music Therapy with Cancer Patients, American Music Therapy Association National Conference, November 2005, Orlando, Florida.
- Clinical Drum/Percussion Improvisation and Facilitation Techniques in The Adult Community, Invited Workshop, Radford University Music Therapy Department, April 2002, Radford, Virginia and Eastern Michigan University Music Therapy Department, September 2001, Ypsilanti, Michigan.
- Using Music for Stress Reduction, Leo Burnett Revisions, Dec. 2008, March 2004 and 2005 and Swedish Covenant Hospital Educational Programming Department, March, June, September, December 2000 and May 2002 for managers and nurses, Chicago, Illinois.

PROFESSIONAL MEMBERSHIPS

Association for Music and Imagery (AMI), 1996 to present. <u>President, 2007-2009.</u>
Currently a member of the Education Committee.

Illinois Counseling Association (ICA), 2007 to present
Illinois Mental Health Counseling Association (IMHCA), 2007 to present
Illinois Association for Specialists in Group Work (IASGW), 2013 to present
American Music Therapy Association (AMTA) 1993 to present
Illinois Association for Music Therapy (IAMT) 1994 to present
Certification Board for Music Therapists (CBMT) 1996 to present

References Furnished upon request